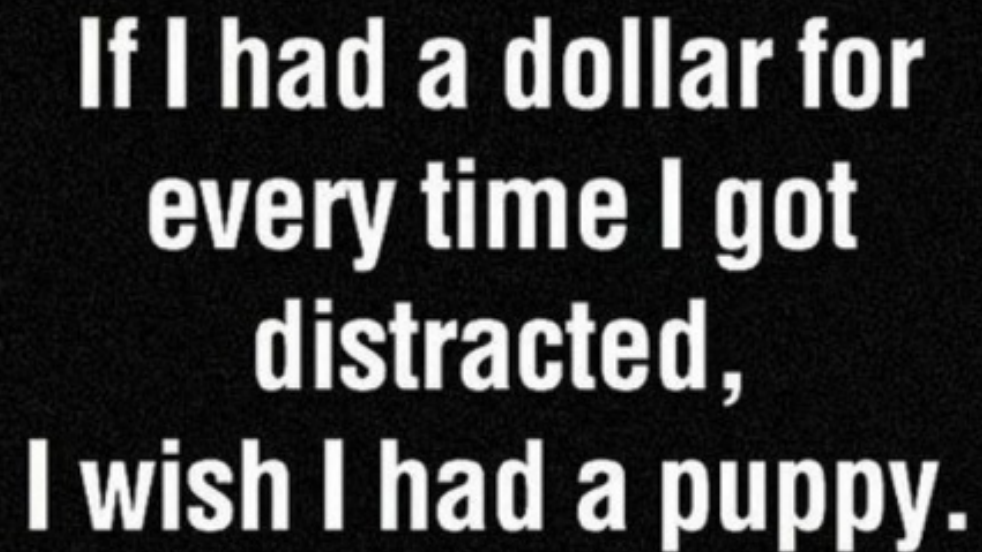


Good morning!



The Mental Game

Where Jeff can focus:



**If I had a dollar for
every time I got
distracted,
I wish I had a puppy.**

The Mental Game

Where Performer and Listener focus:

Artists

Story!

Professionals

Performance

Experts

Music

Beginners

Technique

Just Three Things: Performance

Technician

Musician

Performer



Just Three Things:
Performance

Technician

Timing
Tone
Phrasing
Tune
Tongue

**IT'S NOT INFORMATION OVERLOAD,
It's filter failure.**

**DON'T
MISS!**

PRETTY

**HAND
POSITION!**

SMOOTH

DYNAMICS



Fundamentals

Isolated - so our students can understand them

Minimally Varied - so they can get great at them

Repetitive - so they create awesome habits



Just Three Things:
Performance

Technician

Timing
Tone
Phrasing
Tune
Tongue

Introducing the most incredible, effective,
all-encompassing exercise ever invented!



Timing Tone Phrasing Tune Tongue

LONG TUNES

Jeff Nelsen

$\text{♩} = 60$
Entrance Bar

Line 1

Line 2

Line 3

Line 4

ppp

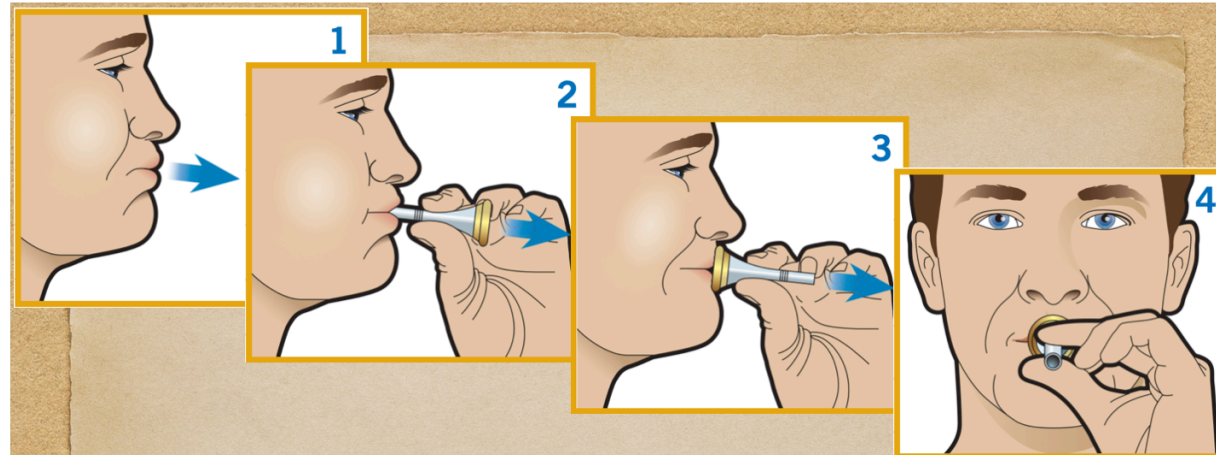
ppp

ppp

ppp

Continue up or down by half-steps

STUPID LIPS



LEARNING LIPS





LONG TUNES

Jeff Nelsen

$\text{♩} = 60$
Entrance Bar

Line 1
ppp

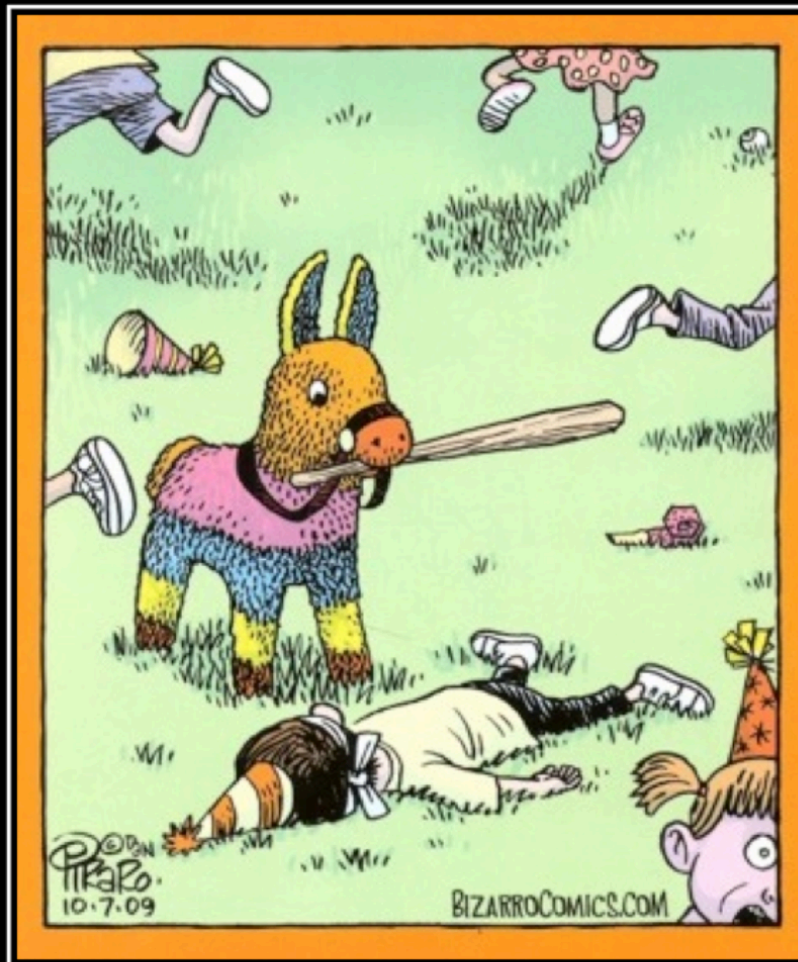
Line 2
ppp

Line 3
ppp

Line 4
ppp

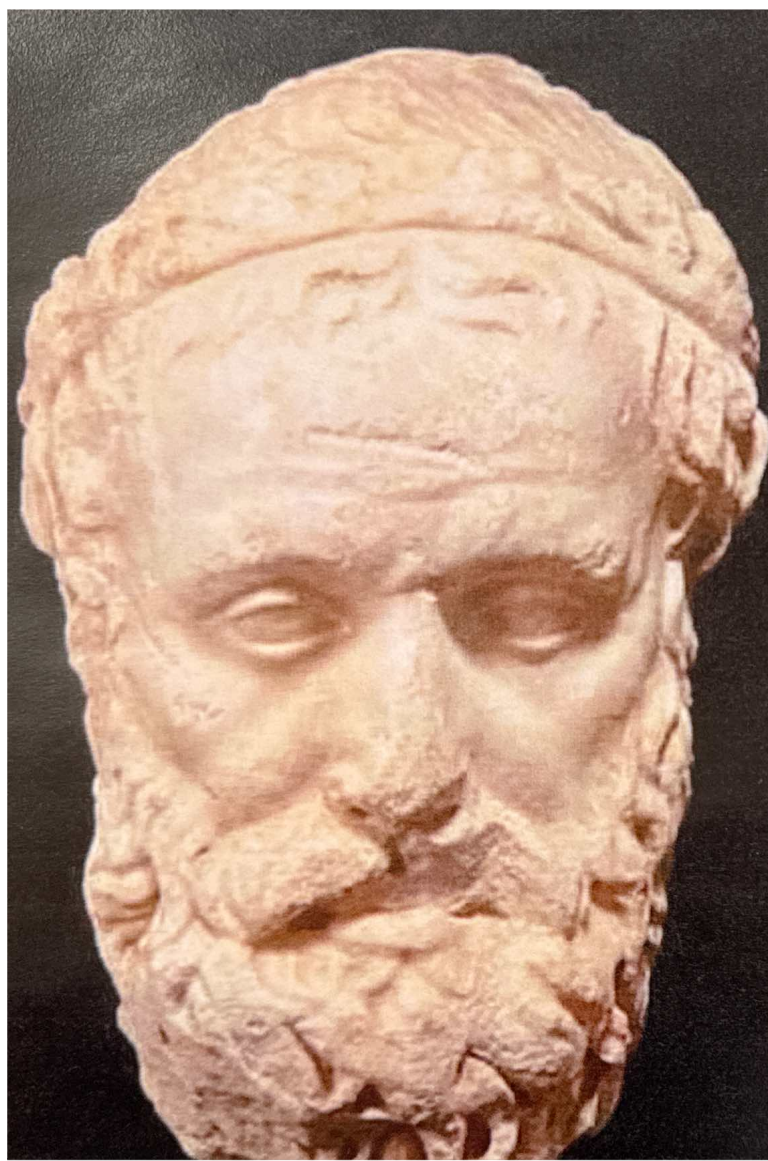
Continue up or down by half-steps





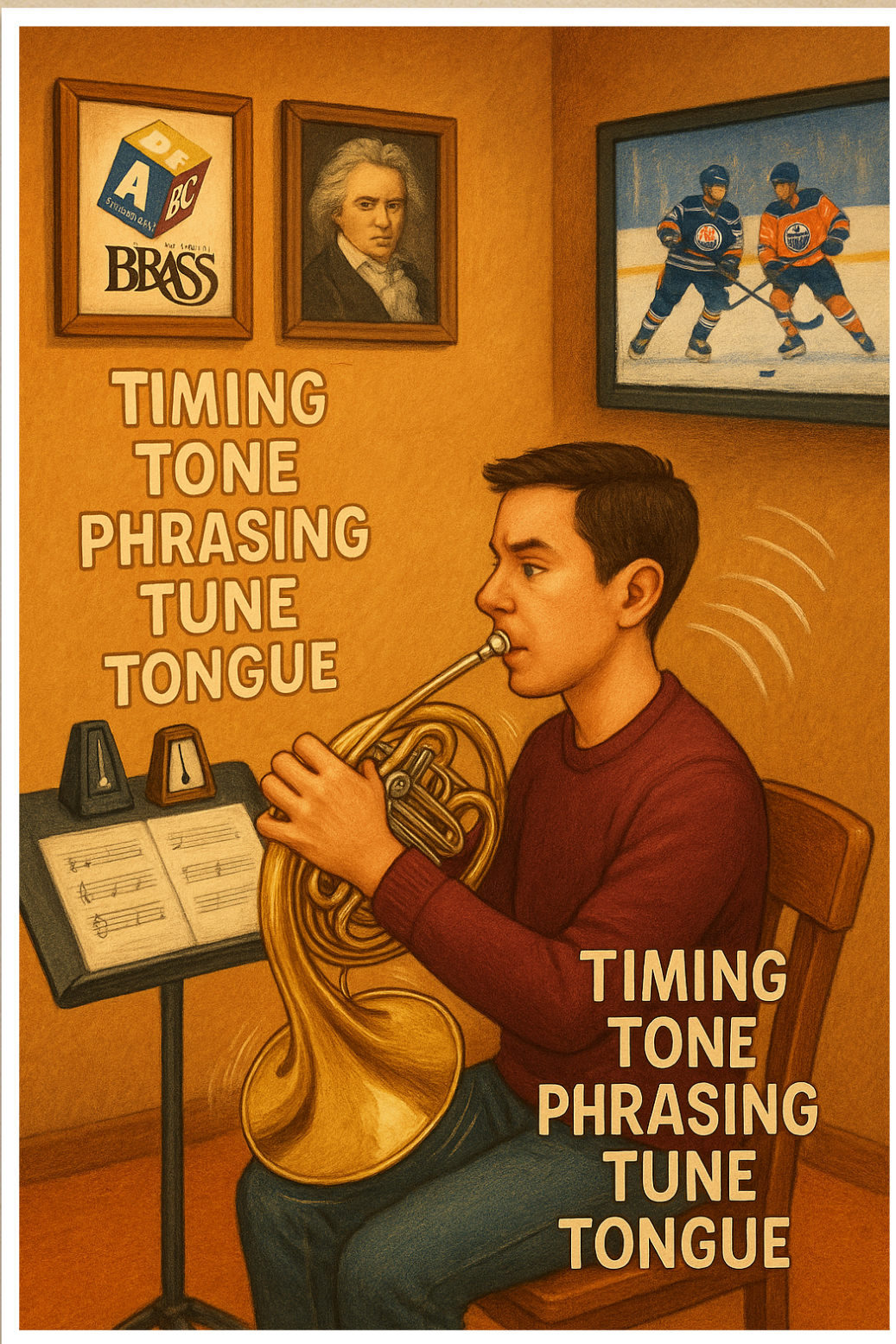
PINATA PRACTICING

At some point, swinging away at the notes will backfire.



"Eh... good enough"

- *Mediocrates*



Expanding the Range

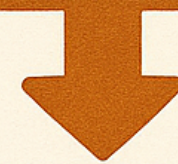
Longer Tunes

Jeff Nelson



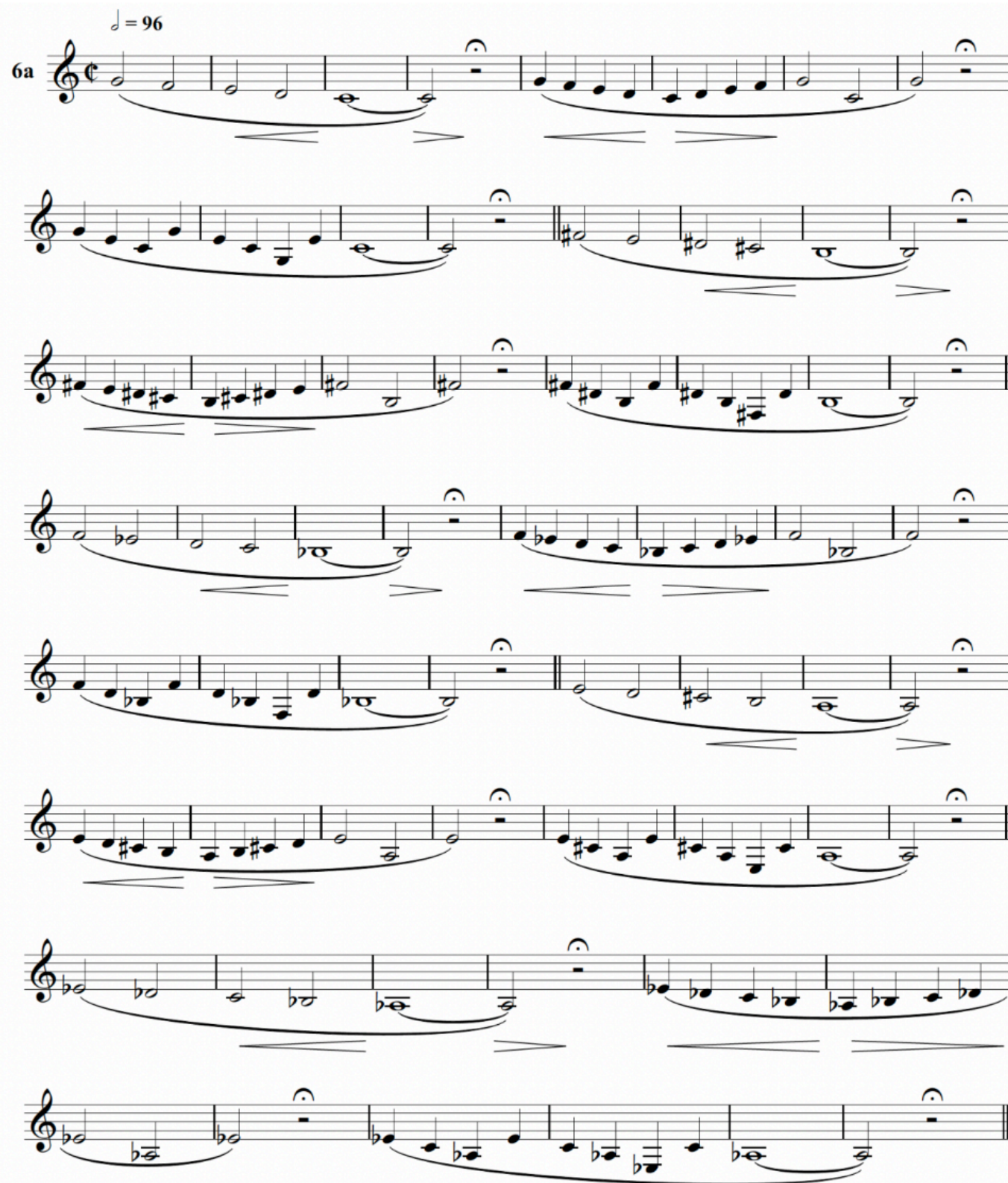
SIMPLE is different than EASY

...but if it's
simplified well,
it can get easier.



SIMPLE is different than EASY

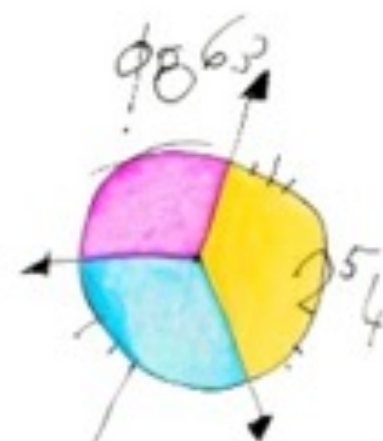
...but if it's
simplified well,
it can get easier.



Change takes time,
I said & she laughed

Time takes
time, she said.

Change only takes
changing.



But, she added,
it can take time
to get the hang
of that.



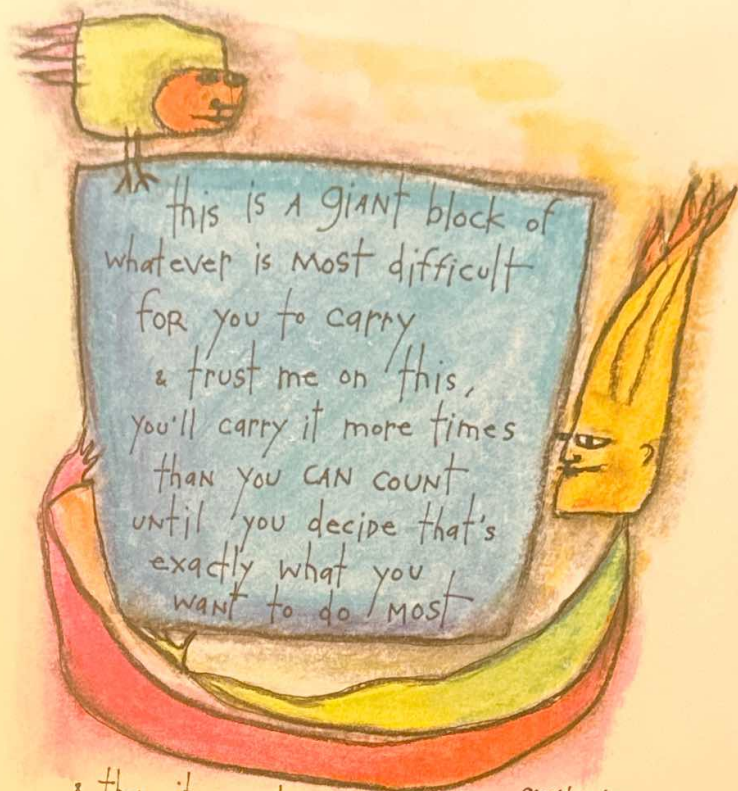
I don't know how long I can do this, he said.
I think the universe has different plans for me
& we sat there in silence & I thought to myself
that this is the thing we all come to & this is
the thing we all fight & if we are lucky enough



to lose, our lives become beautiful with mystery
again & I sat there silent because that is
not something that can be said.


"Different Plans"

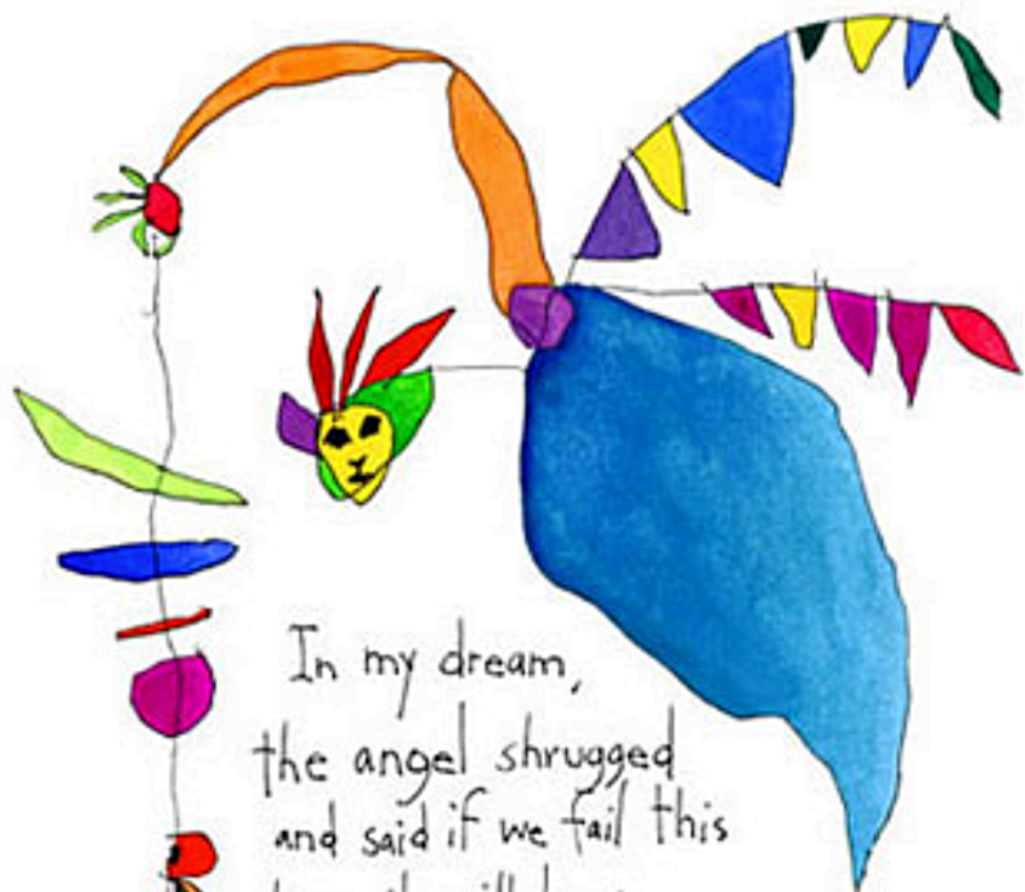
©2002 A



& then it won't weigh a thing anymore

"Weight Training"

© 2002 



In my dream,
the angel shrugged
and said if we fail this
time it will be a
failure of imagination

and then she
placed the world
gently in the
palm of my hand.



Imagining World

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