

Foot and Clapping Rhythm Reading Exercises

Bb Instruments High

Step 1: Clap and Count Rhythms.
Step 2: Play rhythms as written.
Optional: Play using different scales.

"A" Rhythms

"Tap" Foot

2 3 4 5 6 7 8

"B" Rhythms

9 10 11 12 13 14 15 16

"C" Rhythms

17 18 19 20 21 22 23 24

"D" Rhythms

25 26 27 28 29 30 31 32 33 34

"E" Rhythms

35 36 37 38 39 40 41 42 43 44

"F" Rhythms

45 46 47 48 49 50 51 52 53 54

"G" Rhythms

55 56 57 58 59 60 61 62 63 64

"H" Rhythms

65 66 67 68 69 70 71 72 73 74

"Foot Police": Set up your class in pairs. Assign one as the "player" and their partner as the "watcher". The watcher notes if their partner's foot is consistently tapping accurately with the metronome. Rotate. This will show you where your student's comprehension or "processing range" is beginning to break down.

Foot and Clapping Rhythm Reading Exercises

Bb Instruments Low

Step 1: Clap and Count Rhythms.
Step 2: Play rhythms as written.
Optional: Play using different scales.

"A" Rhythms

"Tap" Foot

Musical notation for measures 2 through 8. Measure 2 starts with a treble clef, a common time signature (C), and four quarter rests marked with 'x'. Measures 3-8 contain rhythmic patterns: measure 3 has a quarter note, a quarter rest, and a quarter note; measure 4 has a quarter note, a quarter note, and a quarter note; measure 5 has a quarter note, a quarter note, and a quarter note; measure 6 has a quarter note, a quarter note, and a quarter note; measure 7 has a quarter note, a quarter note, and a quarter note; measure 8 has a quarter note, a quarter note, and a quarter note.

"B" Rhythms

Musical notation for measures 9 through 16. Measure 9 starts with a treble clef, a common time signature (C), and four quarter rests marked with 'x'. Measures 10-16 contain rhythmic patterns: measure 10 has a quarter note, a quarter rest, and a quarter note; measure 11 has a quarter note, a quarter rest, and a quarter note; measure 12 has a quarter note, a quarter note, and a quarter note; measure 13 has a quarter note, a quarter note, and a quarter note; measure 14 has a quarter note, a quarter note, and a quarter note; measure 15 has a quarter note, a quarter note, and a quarter note; measure 16 has a quarter note, a quarter note, and a quarter note.

"C" Rhythms

Musical notation for measures 17 through 24. Measure 17 starts with a treble clef, a common time signature (C), and four quarter rests marked with 'x'. Measures 18-24 contain rhythmic patterns: measure 18 has a quarter note, a quarter note, and a quarter note; measure 19 has a quarter note, a quarter note, and a quarter note; measure 20 has a quarter note, a quarter note, and a quarter note; measure 21 has a quarter note, a quarter note, and a quarter note; measure 22 has a quarter note, a quarter note, and a quarter note; measure 23 has a quarter note, a quarter note, and a quarter note; measure 24 has a quarter note, a quarter note, and a quarter note.

"D" Rhythms

Musical notation for measures 25 through 34. Measure 25 starts with a treble clef, a common time signature (C), and four quarter rests marked with 'x'. Measures 26-34 contain rhythmic patterns: measure 26 has a quarter note, a quarter note, and a quarter note; measure 27 has a quarter note, a quarter note, and a quarter note; measure 28 has a quarter note, a quarter note, and a quarter note; measure 29 has a quarter note, a quarter note, and a quarter note; measure 30 has a quarter note, a quarter note, and a quarter note; measure 31 has a quarter note, a quarter note, and a quarter note; measure 32 has a quarter note, a quarter note, and a quarter note; measure 33 has a quarter note, a quarter note, and a quarter note; measure 34 has a quarter note, a quarter note, and a quarter note.

"E" Rhythms

Musical notation for measures 35 through 44. Measure 35 starts with a treble clef, a common time signature (C), and four quarter rests marked with 'x'. Measures 36-44 contain rhythmic patterns: measure 36 has a quarter note, a quarter note, and a quarter note; measure 37 has a quarter note, a quarter note, and a quarter note; measure 38 has a quarter note, a quarter note, and a quarter note; measure 39 has a quarter note, a quarter note, and a quarter note; measure 40 has a quarter note, a quarter note, and a quarter note; measure 41 has a quarter note, a quarter note, and a quarter note; measure 42 has a quarter note, a quarter note, and a quarter note; measure 43 has a quarter note, a quarter note, and a quarter note; measure 44 has a quarter note, a quarter note, and a quarter note.

"F" Rhythms

Musical notation for measures 45 through 54. Measure 45 starts with a treble clef, a common time signature (C), and four quarter rests marked with 'x'. Measures 46-54 contain rhythmic patterns: measure 46 has a quarter note, a quarter note, and a quarter note; measure 47 has a quarter note, a quarter note, and a quarter note; measure 48 has a quarter note, a quarter note, and a quarter note; measure 49 has a quarter note, a quarter note, and a quarter note; measure 50 has a quarter note, a quarter note, and a quarter note; measure 51 has a quarter note, a quarter note, and a quarter note; measure 52 has a quarter note, a quarter note, and a quarter note; measure 53 has a quarter note, a quarter note, and a quarter note; measure 54 has a quarter note, a quarter note, and a quarter note.

"G" Rhythms

Musical notation for measures 55 through 64. Measure 55 starts with a treble clef, a common time signature (C), and four quarter rests marked with 'x'. Measures 56-64 contain rhythmic patterns: measure 56 has a quarter note, a quarter note, and a quarter note; measure 57 has a quarter note, a quarter note, and a quarter note; measure 58 has a quarter note, a quarter note, and a quarter note; measure 59 has a quarter note, a quarter note, and a quarter note; measure 60 has a quarter note, a quarter note, and a quarter note; measure 61 has a quarter note, a quarter note, and a quarter note; measure 62 has a quarter note, a quarter note, and a quarter note; measure 63 has a quarter note, a quarter note, and a quarter note; measure 64 has a quarter note, a quarter note, and a quarter note.

"H" Rhythms

Musical notation for measures 65 through 74. Measure 65 starts with a treble clef, a common time signature (C), and four quarter rests marked with 'x'. Measures 66-74 contain rhythmic patterns: measure 66 has a quarter note, a quarter note, and a quarter note; measure 67 has a quarter note, a quarter note, and a quarter note; measure 68 has a quarter note, a quarter note, and a quarter note; measure 69 has a quarter note, a quarter note, and a quarter note; measure 70 has a quarter note, a quarter note, and a quarter note; measure 71 has a quarter note, a quarter note, and a quarter note; measure 72 has a quarter note, a quarter note, and a quarter note; measure 73 has a quarter note, a quarter note, and a quarter note; measure 74 has a quarter note, a quarter note, and a quarter note.

"Foot Police": Set up your class in pairs. Assign one as the "player" and their partner as the "watcher". The watcher notes if their partner's foot is consistently tapping accurately with the metronome. Rotate. This will show you where your student's comprehension or "processing range" is beginning to break down.

Foot and Clapping Rhythm Reading Exercises

Bass Clef

Step 1: Clap and Count Rhythms.
Step 2: Play rhythms as written.
Optional: Play using different scales.

"A" Rhythms

"Tap" Foot

Musical notation for measures 1-8. Measures 1-4 are marked with 'x' for tapping. Measures 5-8 are written with notes.

"B" Rhythms

Musical notation for measures 9-16. Measures 9-12 are marked with 'x' for tapping. Measures 13-16 are written with notes.

"C" Rhythms

Musical notation for measures 17-24. Measures 17-18 are marked with 'x' for tapping. Measures 19-24 are written with notes.

"D" Rhythms

Musical notation for measures 25-34. Measures 25-26 are marked with 'x' for tapping. Measures 27-34 are written with notes.

"E" Rhythms

Musical notation for measures 35-44. Measures 35-36 are marked with 'x' for tapping. Measures 37-44 are written with notes.

"F" Rhythms

Musical notation for measures 45-54. Measures 45-46 are marked with 'x' for tapping. Measures 47-54 are written with notes.

"G" Rhythms

Musical notation for measures 55-64. Measures 55-56 are marked with 'x' for tapping. Measures 57-64 are written with notes.

"H" Rhythms

Musical notation for measures 65-74. Measures 65-66 are marked with 'x' for tapping. Measures 67-74 are written with notes.

"Foot Police": Set up your class in pairs. Assign one as the "player" and their partner as the "watcher". The watcher notes if their partner's foot is consistently tapping accurately with the metronome. Rotate. This will show you where your student's comprehension or "processing range" is beginning to break down.

Foot and Clapping Rhythm Reading Exercises

C Instruments

Step 1: Clap and Count Rhythms.
Step 2: Play rhythms as written.
Optional: Play using different scales.

"A" Rhythms

"Tap" Foot

2 3 4 5 6 7 8

"B" Rhythms

9 10 11 12 13 14 15 16

"C" Rhythms

17 18 19 20 21 22 23 24

"D" Rhythms

25 26 27 28 29 30 31 32 33 34

"E" Rhythms

35 36 37 38 39 40 41 42 43 44

"F" Rhythms

45 46 47 48 49 50 51 52 53 54

"G" Rhythms

55 56 57 58 59 60 61 62 63 64

"H" Rhythms

65 66 67 68 69 70 71 72 73 74

"Foot Police": Set up your class in pairs. Assign one as the "player" and their partner as the "watcher". The watcher notes if their partner's foot is consistently tapping accurately with the metronome. Rotate. This will show you where your student's comprehension or "processing range" is beginning to break down.

Foot and Clapping Rhythm Reading Exercises

E♭ Instruments

Step 1: Clap and Count Rhythms.
Step 2: Play rhythms as written.
Optional: Play using different scales.

"A" Rhythms

"Tap" Foot

2 3 4 5 6 7 8

"B" Rhythms

9 10 11 12 13 14 15 16

"C" Rhythms

17 18 19 20 21 22 23 24

"D" Rhythms

25 26 27 28 29 30 31 32 33 34

"E" Rhythms

35 36 37 38 39 40 41 42 43 44

"F" Rhythms

45 46 47 48 49 50 51 52 53 54

"G" Rhythms

55 56 57 58 59 60 61 62 63 64

"H" Rhythms

65 66 67 68 69 70 71 72 73 74

"Foot Police": Set up your class in pairs. Assign one as the "player" and their partner as the "watcher". The watcher notes if their partner's foot is consistently tapping accurately with the metronome. Rotate. This will show you where your student's comprehension or "processing range" is beginning to break down.

Foot and Clapping Rhythm Reading Exercises

French Horn

Step 1: Clap and Count Rhythms.
Step 2: Play rhythms as written.
Optional: Play using different scales.

"A" Rhythms

"Tap" Foot

Musical staff for "A" Rhythms, measures 1-8. The staff is in treble clef with a key signature of one flat (Bb) and a common time signature (C). Measures 1-4 contain rhythmic notation with asterisks representing taps. Measures 5-8 contain written musical notation.

"B" Rhythms

Musical staff for "B" Rhythms, measures 9-16. The staff is in treble clef with a key signature of one flat (Bb) and a common time signature (C). Measures 9-10 contain rhythmic notation with asterisks. Measures 11-16 contain written musical notation.

"C" Rhythms

Musical staff for "C" Rhythms, measures 17-24. The staff is in treble clef with a key signature of one flat (Bb) and a common time signature (C). Measures 17-18 contain rhythmic notation with asterisks. Measures 19-24 contain written musical notation.

"D" Rhythms

Musical staff for "D" Rhythms, measures 25-34. The staff is in treble clef with a key signature of one flat (Bb) and a common time signature (C). Measures 25-26 contain rhythmic notation with asterisks. Measures 27-34 contain written musical notation.

"E" Rhythms

Musical staff for "E" Rhythms, measures 35-44. The staff is in treble clef with a key signature of one flat (Bb) and a common time signature (C). Measures 35-36 contain rhythmic notation with asterisks. Measures 37-44 contain written musical notation.

"F" Rhythms

Musical staff for "F" Rhythms, measures 45-54. The staff is in treble clef with a key signature of one flat (Bb) and a common time signature (C). Measures 45-46 contain rhythmic notation with asterisks. Measures 47-54 contain written musical notation.

"G" Rhythms

Musical staff for "G" Rhythms, measures 55-64. The staff is in treble clef with a key signature of one flat (Bb) and a common time signature (C). Measures 55-56 contain rhythmic notation with asterisks. Measures 57-64 contain written musical notation.

"H" Rhythms

Musical staff for "H" Rhythms, measures 65-74. The staff is in treble clef with a key signature of one flat (Bb) and a common time signature (C). Measures 65-66 contain rhythmic notation with asterisks. Measures 67-74 contain written musical notation.

"Foot Police": Set up your class in pairs. Assign one as the "player" and their partner as the "watcher". The watcher notes if their partner's foot is consistently tapping accurately with the metronome. Rotate. This will show you where your student's comprehension or "processing range" is beginning to break down.

Foot and Clapping Rhythm Reading Exercises

Tuba

Step 1: Clap and Count Rhythms.
Step 2: Play rhythms as written.
Optional: Play using different scales.

"A" Rhythms

"Tap" Foot

Musical notation for "A" Rhythms, measures 1-8. The notation is in bass clef with a key signature of one flat (Bb) and a common time signature (C). Measures 1-4 show a "Tap" Foot exercise with 'x' marks on a staff. Measures 5-8 show a rhythmic pattern of quarter notes: G2, F2, E2, D2, C2, B1, A1, G1.

"B" Rhythms

Musical notation for "B" Rhythms, measures 9-16. The notation is in bass clef with a key signature of one flat (Bb) and a common time signature (C). Measures 9-12 show a "Tap" Foot exercise with 'x' marks on a staff. Measures 13-16 show a rhythmic pattern of quarter notes: G2, F2, E2, D2, C2, B1, A1, G1.

"C" Rhythms

Musical notation for "C" Rhythms, measures 17-24. The notation is in bass clef with a key signature of one flat (Bb) and a common time signature (C). Measures 17-20 show a "Tap" Foot exercise with 'x' marks on a staff. Measures 21-24 show a rhythmic pattern of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1.

"D" Rhythms

Musical notation for "D" Rhythms, measures 25-34. The notation is in bass clef with a key signature of one flat (Bb) and a common time signature (C). Measures 25-28 show a "Tap" Foot exercise with 'x' marks on a staff. Measures 29-34 show a rhythmic pattern of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1.

"E" Rhythms

Musical notation for "E" Rhythms, measures 35-44. The notation is in bass clef with a key signature of one flat (Bb) and a common time signature (C). Measures 35-38 show a "Tap" Foot exercise with 'x' marks on a staff. Measures 39-44 show a rhythmic pattern of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1.

"F" Rhythms

Musical notation for "F" Rhythms, measures 45-54. The notation is in bass clef with a key signature of one flat (Bb) and a common time signature (C). Measures 45-48 show a "Tap" Foot exercise with 'x' marks on a staff. Measures 49-54 show a rhythmic pattern of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1.

"G" Rhythms

Musical notation for "G" Rhythms, measures 55-64. The notation is in bass clef with a key signature of one flat (Bb) and a common time signature (C). Measures 55-58 show a "Tap" Foot exercise with 'x' marks on a staff. Measures 59-64 show a rhythmic pattern of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1.

"H" Rhythms

Musical notation for "H" Rhythms, measures 65-74. The notation is in bass clef with a key signature of one flat (Bb) and a common time signature (C). Measures 65-68 show a "Tap" Foot exercise with 'x' marks on a staff. Measures 69-74 show a rhythmic pattern of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1.

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